

### Personal Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_ Home #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Work #: \_\_\_\_\_  
Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: S M D W Cell #: \_\_\_\_\_  
Who lives with you? \_\_\_\_\_  
Education (highest grade completed)? \_\_\_\_\_ Currently a student? \_\_\_\_\_  
Name of School & City: \_\_\_\_\_  
Your occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Spouse's occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Parent's Name (of Minor): \_\_\_\_\_  
Siblings Name & Age (of Minor): \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_

Name	Relationship	Phone #
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### Insurance Information

Insurance Company Name (If you would like to use it): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Member/Certificate #: \_\_\_\_\_ Group#: \_\_\_\_\_ Insured's Name: \_\_\_\_\_  
Insured's Date of Birth: \_\_\_\_\_ Relation to Insured: Self Spouse Child SS#: \_\_\_\_\_  
Signature to allow my communication with your Insurance Company: \_\_\_\_\_

### Mental Health Issues

Please check the areas you want to work on or feel you may need help with:

- |                  |                                |                |                 |
|------------------|--------------------------------|----------------|-----------------|
| self-awareness   | legal/police                   | drinking       | depression      |
| marital          | sexual                         | drugs          | incest          |
| family/parenting | emotional                      | financial      | self-mutilation |
| suicidality      | eating/weight                  | anxiety/stress | relationships   |
| trauma           | other (please describe): _____ |                |                 |

How long do you intend to commit to therapy? \_\_\_\_\_  
Have you had previous psychological counseling? \_\_\_\_\_ Previous therapist: \_\_\_\_\_  
Location of previous therapy: \_\_\_\_\_ Length: \_\_\_\_\_  
Are you currently taking medication: \_\_\_\_\_ What type? \_\_\_\_\_  
How did you hear about me? \_\_\_\_\_  
May I say who I am if I phone your home? \_\_\_\_\_ work? \_\_\_\_\_ cell? \_\_\_\_\_